



California Self-Directed Services (CSDS) of Ventura County

Position: Supported Life Coach and Instructor

Key Information

- Great work environment, support, training, and benefits including medical, dental, and 401(K).
- Full-time or part-time positions available.
- Join our team of caring, family-like support services for intellectually disabled adults.

Company Background & Job Purpose

California Self-Directed Services (CSDS) is one of the top providers offering Supported Living and Independent Living Services to intellectually disabled adults in their own homes or in the local community. Reporting directly to the Support Supervisor or Director, the Supported Life Coach/Instructor will take full responsibility for providing activities leading to an enhanced quality of life for the person served by understanding and implementing the principles of self-determination, equal access and self-advocacy. If you are driven by the success of others in reaching their goals, then this job is for YOU!

Duties & Responsibilities

- Instructs and advises individuals on issues such as household cleanliness, utilities, hygiene & nutrition.
- Plans, shops and prepares or assists individuals in planning, shopping for and preparing nutritious meals.
- Participates in case reviews and planning meetings, consults with the team supporting the individual, to evaluate the individual's needs and plan for continuing services.
- Transports individuals to locations outside the home, such as to physicians' offices or on outings, using a motor vehicle.

Education, Qualifications & Certificates

- AA Degree of equivalent from two-year college or technical school, or six months to one year related experience and/or training.
- Ability to interpret documents such as safety rules, operating and maintenance instructions and procedure manuals.
- Successfully complete a Department of Justice background check and have a clean driving record.
- Ability to add, subtract, multiply and divide in all units of measure.
- Ability to apply common sense understanding to carry out instructions furnished in written, oral or diagram form.
- Knowledge of community resources.
- Proven organizations skills, prioritizing tasks and time management skills.
- Ability to work flexible hours.
- Valid State Driver License.
- CPR Certification.
- First Aid Certification.

Experience

One year in working with adults with disabilities preferred.
Flexibility and commitment including weekend availability is essential.
Enthusiastic and positive.
Great communication skills.
Dynamic, self motivated with a 'can do' attitude.
Strong understanding of client goals and requests.

Contact CSDS today at 1-888-598-2737 ext. 711.

Applications available at www.californiasds.com